

## DEPARTMENT OF PHYSICAL EDUCATION

### ACHIEVEMENTS FOR THE YEAR 2018-2019

#### NATIONAL LEVEL:

**9 Students of our college represented Tamilnadu at South Zone/national level in various sports and games.**

- ✚ S.Dharshini of III-History Represented Tamilnadu State team and Secured Silver medal in the 24<sup>th</sup> South Zone Junior National Kho-Kho Championship was held at Hyderabad from 20.07.18 to 22.07.18.
- ✚ S.Sakthi of III-History represented Tamilnadu state, in the 64<sup>th</sup> Junior National Ball badminton championship. It was held at Excel group of Institutions, Kumarapalayam from 11.08.18 to 15.08.18 and she secured first place in doubles tournament. She also secured first place in fives tournament. In this tournament S.Sakthi was awarded as **“Star of India”** of the tournament.
- ✚ D.Sowmiya Mary of I-BBA represented Tamilnadu state, in the 64<sup>th</sup> Junior National Ball badminton Championship. It was held at Excel group of Institutions, Kumarapalayam from 11.08.18 to 15.08.18 and she secured first place in fives tournament.
- ✚ The 30<sup>th</sup> South Zone Junior National Athletic Championship was held at Telungana state Athletic Association Guntur, Telungana from 16.09.18 to 18.09.18. In this tournament S.K.Logamuthra of III-B.Com Represented Tamilnadu state team and secured silver medal in high jump.
- ✚ S.Dharshini of III-History and K.Renganayaki of III-History participated and secured bronze medal in the 29<sup>th</sup> South Zone Junior National Kho-Kho Championship was held at Telangana, from 27.09.18 to 01.10.18.
- ✚ S.Sakthi of III-History represented Tamilnadu state team and secured Silver medal in the 41<sup>st</sup> South Zone Ball Badminton championship and it was held at PSNA College of Engineering & Technology, Dindigul from 23.10.18 to 24.10.18. and she also represented Tamilnadu state team and secured Silver medal in the 6<sup>th</sup> Federation Cup Ball badminton championship and It was held at PSNA College of Engineering & Technology, Dindigul from 24.10.18 to 25.10.18.
- ✚ The 34<sup>th</sup> National Junior Athletic Championship- was held at Birsa Munda Athletics Stadium, Ranchi from 02.11.18 to 05.11.18. In this tournament S.K.Logamuthra of III-

B.Com and J.Jasmine sime of I-History represented Tamilnadu state and participated in the High jump and Heptathlon event.

- ✚ V.Srinivetha of I-English Literature was selected and represented Tamilnadu state cycling team participated in the 23<sup>rd</sup> National level road cycling Championship-2018 was held at Kurusekthra, Haryana from 21.11.18 to 24.11.18.
- ✚ S.Srinithi of I-History was selected and represented Tamilnadu state Taekwondo team and she secured bronze medal in the 38<sup>th</sup> National Junior kyorugi taekwondo championship was held at J.N.Stadium, Chennai from 04.12.18 to 06.12.18.
- ✚ K.Pavithra of I-BBA was selected and represented Tamil Nadu state team in the 31<sup>st</sup> South Zone Aquatic Championship was held at Vijayawada and secured Bronze Medal in Water Polo.

### **SOUTH ZONE /ALL INDIA INTER UNIVERSITY LEVEL:**

**17 Students of our college were represented Bharathiar University at South Zone/All India Inter University level in various sports and games.**

- ✚ S.Prema of II-History was selected and represented Bharathiar University football team participated in the South Zone Inter University tournament was held at Sathyabama University from 12.10.18 to 15.10.18.
- ✚ S.Dharshini-III-History, K.Renganayaki-III-History, C.Geetha-III-History, R.Pradeepa-III-History, S.Aiswarya-III-Zoology, M.Soorya-III-Economics and K.Ramya-II-B.Com were selected and represented Bharathiar University Kho-Kho team and participated in the South Zone Inter University Kho-Kho tournament was held at Mangalore University from 15.10.18 to 18.10.18.
- ✚ S.Muthuselvi of III-History represented Bharathiar University Volley ball team, participated and secured **Second place** in the South Zone Inter University Volleyball Tournament which was held at KL University, Andhra Pradesh from 27.10.18 to 31.10.18.and she also participated in the All India Inter University Volleyball tournament was held at IIS University, Jaipur from 17.12.18 to 20.12.18.
- ✚ Chelsea Angelina of I-B.Com represented Bharathiar University Basket ball team participated in the South Zone Inter University Basket ball tournament was held at SRM University, Chennai from 02.11.18 to 05.11.18.

- ✦ S.K.Logamuthra of III-B.com represented Bharathiar University Athletic team participated in the All India Inter University Athletic meet was held at Alvas College, Karanataka from 24.11.18 to 28.11.18.
- ✦ S.Kirubamathi of III- Maths(sf) represented Bharathiar University Weightlifting team participated in the All India Inter University Weight lifting tournament was held at Acharya Nagarjuna University, Guntur from 27.11.18to 29.11.18.
- ✦ Our college Ball badminton players S.Sakthi of III-History, K.Mohana of II-Economics, M.Harini of I-Botany and D.Sowmiya Mary of I-BBA participated in the All India Inter University Ball badminton tournament held at Krishna University, Andhra Pradesh from 05.02.18 to 09.02.18.

### **BHARATHIAR UNIVERSITY INTER COLLEGIATE TOURNAMENTS**

- ✦ Our College Basket ball team bagged third place in the Bharathiar University Intercollegiate tournament which was held at Rathinam College of Arts and Science, Eachanari from 20.08.18 to 21.08.18.
- ✦ Our college Cross country team secured overall third place in Bharathiar University Intercollegiate cross country meet which was held at Pollachi Arts and Science college, Pollachi on 23.08.18.
- ✦ The Bharathiar University Inter Collegiate Swimming Tournament which was held at Vellalar CBSE School, Erode on 25.08.18.Our college swimming team secured the overall second place.
- ✦ N.Kaviya of II-Zoology won Gold medal in 100mts freestyle and 50 mts breast stroke. She also secured bronze medal in 4X50 mts freestyle relay.
- ✦ K.Pavithra of I-BBA secured Gold medal in 50 mts back stroke and 50 mts free style. She also secured bronze medal in 4X50 mts freestyle relay.
- ✦ S.Sajitha of II-Zoology secured bronze medal in 4X50 mts freestyle relay.
- ✦ K.Madhumathi of II-Zoology won bronze medal in 4X50 mts freestyle relay.

### **SWIMMING TEAM**



- ✚ Our college Tennis team participated and bagged fourth place in Bharathiar University inter collegiate Tennis tournament was held at SNS Rajalakshmi College of Arts and Science, Saravanampatti on 29.08.18.
- ✚ Our college Volley Ball team secured fourth place in the Bharathiar University Inter collegiate volleyball tournament held at Ramalinga Sowdambiga College of Arts and Science, Vadavalli from 03.09.18 to 05.09.18.
- ✚ Our college Kho-Kho team participated and secured Gold medal in the Bharathiar University Inter Collegiate Kho-Kho tournament held at Pollachi College of Arts and Science, from 24.09.18 to 25.09.18. This is a consecutive fifth year achievement of our college.



- ✚ Our college Chess team participated and secured fourth place in Bharathiar University inter collegiate chess tournament held at Dr.R.V Arts and Science college, Karamadai from 25.09.18 to 26.09.18.
- ✚ The Bharathiar University Inter collegiate Power lifting tournament was conducted by our college on 8.10.18. In this tournament
  - ✚ A.Ishwarya of II-History secured the Gold medal in 47 kg weight category.
  - ✚ M.Dhanalakshmi of II-B.Com secured the Gold medal in 52kg Weight category.
  - ✚ N.Kaviya of II-Zoology secured Silver medal in 57kg weight category.
  - ✚ M.Ramalakshmi of II-BA-History secured Gold medal in 63 kg weight category.

- ✚ S.Kirubamathi of III-Maths (Sf) secured Gold medal in 72 kg weight category.
- ✚ R.Mangaiyarkarasi of I-M.Sc.Zoology secured Gold medal in 84 kg weight category.
- ✚ M.Kokila of II-B.Com secured Bronze medal in +84 kg weight category.
- ✚ **Our college Power lifting team won the overall first place in this tournament. This is the consecutive 5<sup>th</sup> year achievement of our college.**
- ✚ The Bharathiar University Inter Collegiate Weight lifting tournament was conducted by our college on 9.10.18. In this tournament
- ✚ A.Sowmiya of I-M.Sc.Zoology secured the Gold medal in 48 kg weight category. **She was also awarded as “The Best Lifter” of the tournament.**
- ✚ N.Kaviya of II-B.Sc.Zoology secured the Gold medal in 53 kg weight category.
- ✚ K.Kalaimani of II-MA.Literature secured Gold medal in 58 kg weight category.
- ✚ M.Ramalakshmi of II-BA-History secured Gold medal in 63 kg weight category.
- ✚ S.Kirubamathi of III-Maths (Sf) bagged Silver medal in 69 kg weight category.
- ✚ R.Mangaiyarkarasi of I-M.Sc.Zoology won Gold medal in 75 kg weight category.
- ✚ M.Kokila of II-B.Com secured silver medal in +75 kg weight category.

**In this tournament our college Weight lifting team won the overall first place in this tournament. This is the consecutive 5<sup>th</sup> year Achievement of our college.**

## POWERLIFTING AND WEIGHT LIFTING TEAM



- ✚ The Bharathiar University Inter collegiate Athletic meet which was held at Nehru stadium, Coimbatore from 15.10.18 to 17.10.18. In this tournament

- ✦ K.Kalaimani of II-MA.Eng.Lit secured Bronze medal in javelin throw.
- ✦ R.Mangaiyarkarasi of I-M.Sc.Zoology won Silver medal in Hammer throw.
- ✦ G.Kiruthika of I-M.Com secured silver medal in heptathlon and 4×100 mts relay, Bronze medal in 4×400mts relay.
- ✦ S.K.Logamuthra of III-B.Com won Gold medal in high jump and long jump, Silver medal in 4×100mts, Bronze medal in 4×400mts relay.
- ✦ P.Priyanka III-Maths bagged Silver medal in discus throw and bronze medal in shot put.
- ✦ T.Sheela Mary of II-History won Bronze medal in high jump.
- ✦ M.Iswarya of II-History won Gold medal in Pole vault.
- ✦ S.Prema of II-History won Silver medal in Pole vault.
- ✦ M.Kokila of II-B.Com won Bronze medal in Hammer throw
- ✦ V.Srinivedha of I-BA.Eng.Lit secured Bronze medal in 5000mts and 10,000mts.
- ✦ J.Jasmine sime I-History secured Gold medal in Heptathlon and second place 4×100 mts relay, Bronze medal in 4×400mts relay and 400mts.
- ✦ L.Chandraleka of I-B.Com won silver medal in long jump and triple jump and 4×100 mts relay, Bronze medal in 4×400mts relay.

**In this Athletic Meet Our College Athletic team secured Overall Second place.**

- ✦ The Bharathiar University Inter Collegiate Handball Women tournament was conducted by our college from 18.12.18 19.10.18. Our college team bagged first place in this tournament.

## HANDBALL TEAM



Our college Ball badminton team participated and secured first place in Bharathiar University Inter Collegiate Ball badminton tournament held at Kamban College of Arts and Science, Sulthanpet from 20.12.18 to 21.12.18.

## BALLBADMINTON TEAM



- ✚ The Bharathiar University Inter collegiate Taekwondo tournament was held at CMS College of Science and Commerce from 07.01.18 to 08.01.18. In this tournament
- ✚ A.Sowmiya of I-M.Sc.zoology secured the bronze medal in under 46 kg weight category.
- ✚ S.Prema of II-BA-History secured the silver medal in under 49kg Weight category.
- ✚ K.Pavithra of II-BA-History secured Bronze medal in under 53kg weight category.
- ✚ N.Kaviya of II-Zoology won Bronze medal in under 57kg weight category.
- ✚ S.Srinithi of I-History bagged the Gold medal in under 62 kg weight category.
- ✚ P.Priyanka of III-Maths secured silver medal in under 67 kg weight category.
- ✚ S.Kirubamathi of III-Maths (SF) secured Gold medal in under 73 kg weight category.
- ✚ R.Mangaiyarkarasi of I-M.Sc.Zoology secured silver medal in over73kg weight category.
- ✚ In this tournament our college Taekwondo team secured overall first place.

# TAEKWONDO TEAM



- ✚ The Bharathiar University Inter collegiate Boxing tournament was held at Palanisamy College of Arts and Science from 22.01.2018. In this tournament
- ✚ A.Ishwarya of II-History bagged Silver medal in 48kg weight category.
- ✚ M.Dhanalakshmi of II-B.com secured Bronze medal in 51kg Weight category.
- ✚ R.Pooja of II-BA-History secured silver medal in 54kg weight category.
- ✚ N.Kaviya of II-Zoology won Bronze medal in 57kg weight category.
- ✚ M.Ramalakshmi of II-History secured silver medal in 64 kg weight category.
- ✚ S.Srinithi of I-History secured silver medal in 69kg weight category
- ✚ S.Kirubamathi of III-Maths (SF) bagged bronze medal in 75 kg weight categories.
- ✚ R.Mangaiyarkarasi of I-M.Sc.Zoology secured gold medal in 81kg weight category.
- ✚ M.Kokila of II-B.Com won bronze medal in +81 kg weight category.
- ✚ **In this tournament our college boxing team secured overall first place.**



**எதிர்ணிக் கு சரமாரியாக விட்டார்கள் குத்து!**

**சாம்பியன்ஷிப் பெற்று நிர்மலா மாணவியர் 'கெத்து!'**

கோவை, ஜன. 24-  
பாதி யார் பல்கலை கல்  
லூரிகளுக்கிடையேயான  
குத்துச்சண்டை போட்டியில்  
நிர்மலா கல்லூரி அணி சாம்பியன்  
ஷிப் பட்டம் வென்றது.  
பெருத்துறை, பெரிய  
சாமி கலை அறிவியல்  
கல்லூரி சார்பில், பாதி  
யார் பல்கலை கல்லூரிக  
ளுக்கு உட்பட்ட மாணவி  
போட்டி, கல்லூரி வளா  
கத்தில் நடந்தது.  
இதில், 53 வீராங்  
களைகள் பங்கேற்றனர்.  
வீராங்களைகளுக்குள்ள,  
45-48, 51, 54, 57, 60, 64,  
69, 75, 81 உள்ளிட்ட எடை  
பிரிவுகளில் போட்டிகள்  
நடத்தப்பட்டன.  
இதில், நிர்மலா கல்லூரி  
மீன்ஸ்லாங், 45-48 எடை  
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கிலோ எடை பிரிவில் தன  
வட்சுமி மூன்றாம், 54  
கிலோ எடை பிரிவில், பூஜா  
இரண்டாம், 57 கிலோ  
எடை பிரிவில், காவியா  
மூன்றாம், 64 கிலோ  
எடை பிரிவில், ராம  
லட்சுமி இரண்டாம்,  
69 கிலோ எடை பிரிவில்,  
சூரிதி இரண்டாம், 75  
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கிருபாதி மூன்றாம்  
டம், 81 கிலோ எடை  
பிரிவில், மங்கையர்க்குறி முத  
லாம், + 81 கிலோ எடை  
பிரிவில், கோகிலா மூன்றா  
மாம் பிடித்து அசத்தினர்.  
போட்டியின் முடிவில்,  
நிர்மலா கல்லூரி, 39 புள்  
ளிகளை பெற்று, மூட்டு  
மொத்த சாம்பியன் பட்  
டத்தை தட்டி சென்றது.  
வெற்றி பெற்ற வீராங்க  
ளைகளை கல்லூரி முதல்  
வர், உடற்கல்வி இயக்  
குனர் உள்ளிட்ட பலர்  
வாழ்த்து தெரிவித்தனர்.



## **STATE/DISTRICT LEVEL OPEN TOURNAMENTS**

- ✚ 1<sup>st</sup> Perambalur District Level Senior Taekwondo Championship was held at SDAT Indoor Stadium, Perambalur on 26.07.2018. In this Tournament S.Srinithi of I-History secured Gold medal in the under 63 kg weight category.
- ✚ The District Level Athletic Championship was held at Nehru stadium, Coimbatore on 19.07.18. In this Tournament.
- ✚ S.K.Logamuthara of III-B.Com has secured 2<sup>nd</sup> in high Jump with a cash prize of Rs.1500/-.
- ✚ Jasmine Sime of I-History has bagged 1<sup>st</sup> place in Long Jump with a cash prize of Rs.2500/-.
- ✚ L.Chandhraleka of I-B.Com has secured 2<sup>nd</sup> place in Long Jump with a cash prize of Rs.1500/-.
- ✚ The 64<sup>th</sup> Junior Inter District Ball Badminton Championship was held at The Kavery Group of Institutions, Mechery, Salem from 21.07.18 to 22.07.18. The following students represented Coimbatore district and the team secured First place.
  - S.Sakthi -III-History
  - K.Dhanalakshmi-I-Botany
  - K.Mohana- II-Economics
  - J.Ramya- I-Botany
  - M.Harini- I-Botany
  - D.Sowmiya Mary -I-BBA
- ✚ The 33<sup>rd</sup> Tamilnadu Inter District Junior Athletic Championship was held at J.N.Stadium, Chennai from 16.08.18 to 19.08.18.
- ✚ In this tournament S.K.Logamuthara of III-B.Com secured Second place in High Jump.
- ✚ J.Jasmine sime of I-History has secured 3<sup>rd</sup> place in heptathlon and 1<sup>st</sup> place in 4×400 mts relay.
- ✚ All India level Ball Badminton Tournament was held at SRM Institute of science and technology from 22.08.18 to 24.08.18. In this tournament our college team participated and secured fourth place with a cash prize of Rs.4000/-.
- ✚ The Nazareth Alumni Trophy state level Inter collegiate Hand Ball tournament was held at Nazareth College of arts and science, Avadi from 24.08.18 to 27.08.18. In this

tournament our college team participated and secured fourth place with a cash prize of Rs.2000/-.

- ✚ The 32<sup>nd</sup> Tamilnadu state junior open athletic championship was held at MGR Stadium, Madurai from 30.09.18 to 02.10.18. In this tournament,
- ✚ S.K.Logamuthra of III-B.Com secured Gold medal in High jump and bronze in Heptathlon.
- ✚ J.Jasmine sime of I-History has secured Gold medal in Heptathlon.
- ✚ The State level Handball Inter district championship for Under 19 girls was held at Sivakasi from 13.10.18 to 14.10.18.
- ✚ T.Vennila of I-Economics and R.Swathi of-I-Computer science represented Krishnagiri district and the team secured third place.
- ✚ T.Vennila of –I-Economics was awarded as the best player of the tournament.
- ✚ P.Preetha-II-BBA,S.Nija-I-Zoology,G.Joshly-I-English Literature and M.Poonkodi-II-History represented Coimbatore district and the team secured fourth place.
- ✚ S.Muthuselvi of III-History represented Bharathiar University volley ball team and secured Second place with a cash prize of Rs.7,500 in the Tamilnadu Inter University Tournament was held at Madras veterinary college ,Chennai from 23.10.18 to 26.10.18.
- ✚ The Tamilnadu State Junior & Sub Junior Weightlifting Tournament was held at Railways Auditorium, Podhanur from 17.11.18 to 18.11.18.In this tournament
- ✚ M.Dhanalaksmi of II-B.Com secured Third place in 49kg weight category.
- ✚ S.Kirubamathi of III-Maths (sf) secured First place in 71kg weight category.
- ✚ R.Mangaiyarkarasi of I-M.Sc.Zoology secured third place in 81kg weight category.
- ✚ M.Kokila of II-B.Com secured Second place in +87kg weight category.
- ✚ The 64<sup>th</sup> Inter District senior Ball Badminton Championship was held at Ellampillai, Salem from 29.12.18 to 30.12.18 the following students represented Coimbatore district and secured First place.
  - S.Sakthi -III-History
  - K.Mohana- II-Economics
  - J.Ramya- I-Botany
  - M.Harini- I-Botany
  - D.Sowmiya Mary -I-BBA

## OVER ALL CHAMPIONS

Our College has won the Bharathiar University over all Championship Trophy for Sports and Games for the year 2018-2019. I would like to place on record that this championship is the consecutive 29<sup>th</sup> year Achievement of our college.



### பாரதியார் பல்கலை விளையாட்டு போட்டி

கோவை, ஆக.15-  
பாரதியார் பல்கலை  
அனைத்து கல்லூரி மாண  
வியருக்கான விளையாட்டு  
போட்டியில், நிர்மலா மக  
ளிர் கல்லூரி ஒட்டுமொத்த  
சாம்பியன் பட்டம் வென்  
றது.

பாரதியார் பல்கலை  
உடற்கல்வித்துறை சார்  
டில், 2017-2018ம் ஆண்  
டுக்கான பல்வேறு விளை  
யாட்டு போட்டிகள்  
நடந்தன. கோவை, திருப்  
பூர், கோபி, ஈரோடு, பொள்  
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கடந்த ஆண்டு ஆகஸ்ட்

நிர்மலா மகளிர் கல்லூரி சாம்பியன்  
டில் துவங்கிய விளை  
யாட்டுகள், டிசம்பரில்  
முடிந்தன. இதில் நிர்மலா  
கல்லூரி 48 புள்ளி; பி.எஸ்.  
ஜி.,கலை அறிவியல் கல்  
லூரி 39 புள்ளி; பி.கே.  
ஆர்.,கல்லூரி, பி.எஸ்.  
ஜி.,ஆர்., கிருஷ்ணம்மாள்  
ளிகள் பெற்று முறையே  
முதல், 4 இடங்களை பெற்  
றன.

ஆண்களுக்கான விளை  
யாட்டுகளில், பி.எஸ்.  
ஜி.,கல்லூரி, பொள்  
ளாச்சி எஸ்.டி.சி., காளப்  
பட்டி என்.ஜி.பி.,கல்லூரி,  
சி.எம்.எஸ்., கல்லூரி  
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இடங்களை பெற்றன.  
தொடர்ந்து, 28 ஆண்டுகள்  
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