YOUTH RED CROSS AND VOLUNTARY BLOOD DONATION CLUB

Youth Red Cross is a social service organization through which the volunteers evoke social responsibility. The Youth Red Cross and Voluntary Blood Donation Club aims at raising awareness among college students about social evils, blood donation, organizing social welfare activities in campus such as health check-up camps, workshops on disaster management. first-aid training camps and awareness seminars on health, hygiene and safety; helping the poor and needy, especially children by donating blood, clothes, notebooks, and other necessary items; disseminating the seven fundamental principles of Red Cross. Developing personality and instilling confidence in students by making them participate and organize events.

MISSION OF YRC:

Protection of health and life

Service to humanity

Promotion of National and International friendship

OBJECTIVES OF YRC:

To develop the mental and moral capacities of the youth

To provide humanitarian services to fellow human beings

To understand and accept the civic responsibilities

To enable the growth of spirit of service

Achievements

- Mrs. D. Sasikala-awarded the Best Youth Red Cross Programme Officer for the year 2010 2011
- Appreciation Award for Blood Donation 2011 2012
- Appreciation Award for collecting donation towards D.E.A.F Project 2011 2012
- Appreciation Award for Blood Donation 2012 2013
- Dr. N. Gunavathy awarded the Best Youth Red Cross Programme officer for the year 2013 14.
- Dr. N. Gunavathy received Appreciation award and Medal for organizing Blood donation camp for the academic year 2014 -15 from District Collector Ms. Archana Patnaik on 13.11.2015.

Future Plan

- Intercollegiate Seminar
- Certificate Course in First Aid

YRC Co-Ordinator:

Dr.R.Kavitha, Assistant Professor, Department of Commerce Dr.T.Anitha, Assistant Professor, Department of Botany

ACTIVITIES FOR THE YEAR 2017-2018

- ➤ The first meeting of the Youth Red Cross and Voluntary Blood Donation Club was held on 25th July 2017. Dr.Mr.A.Alagarsamy, Head, Department of Social Works and District Organizer, Youth Red Cross presided over the meeting and gave awareness on "Blood Donation".
- A one day workshop on "Disaster Management" was oragnised on 19th September 2017. The students were taught about the basics of Disaster Management by the trainers of "Sri Sathya Sai Seva organisation". The students were practically trained on thetopic Disaster Management during flood, tsunami, fire, cyclone, earthquake and landslides.
- A seminar on "Cancer Awareness" was organized on 5th February 2018. The seminar was presided over by Dr.S.K.Krishna, Assistant Professor, Department of Chemistry, Chikkiah Naickar College, Erode. He gave notable points on cancer related issues and also clearly explained the aspects of a healthy environment. Overall, the session was very useful and a beneficiary one to all the students.
- The Youth Red Cross and Voluntary Blood Donation Club of Nirmala College organized an Orientation Programme for all the I year YRC Volunteers on 23.07.2018 in the Morning Star auditorium. Dr.N.Gunavathy, Assistant Professor, Department of Chemistry, Nirmala College addressed the gathering on the topic "Roles and Responsibilities of Today's Youth in Youth Red Cross". She briefed out the origin and the progress of the YRC. She also insisted on the responsibilities of the members of the YRC during emergency. She felt it a great honour to be a part of the YRC and made the members promise to execute their plans and programmes in building our Nation. Her thought provoking words and dutiful promises made the session very useful for all the YRC members.

- The Youth Red Cross and Voluntary Blood Donation Club of Nirmala College organised a Breast Feeding Awareness Programme on **03.08.2018** in the Morning star Auditorium. The Resource Persons were from the Department of Paediatrics, Government Medical College, Coimbatore. The Doctors gave an eye opening talk on the need of Breast feeding for the new born babies. The Doctors advised that it is a must to breast feed the baby for six months. All the third year UG students attended the session and promised to follow the same.
- ➤ The Youth Red Cross and Voluntary Blood Donation Club of Nirmala College organised Blood Donation Awareness Programme on 28.09.2018 in the Morning star Auditorium. Dr.Madhan Pranesh, Secretary and Dr.Eshwar Vasudevan, General Secretary of Blood Bank, CMCH, Coimbatore presided over the programme. The Doctors enlightened and educated all the three year UG YRC student members on the need to donate blood. They gave them clear cut details on what a blood donation is and how it is done. The students eagerly listened to the orientation and they came out with various doubts which were clarified by the Doctors clearly. It was an eye opening session.
- The Youth Red Cross and Voluntary Blood Donation Club of Nirmala College and LIONS CLUB District 324B5 jointly organized a Blood Donation Camp on 10.10.2018 in Nirmala College. The Chief Gusts were Rtn.MPHF.PP.Arun Gokul Das, Liasion Officer, IMA Rotary Blood Bank, Coimbatore, Mr.V.Nandakumar, Advocate & President, Universal Brotherhood Association, Coimbatore, Dr. Mangayarkarasi, Prof.&Head, CMCH, MJF. LION Dr.B.K.Arumugam, District governor, LIONS Club LION G.M.SubbiahMJF,DC, Blood Donation and LION K.Senthilkumar MJF, Zone Chairperson was the chief guest. The Guests inaugurated the camp lighting Kuthuvilaku. The Guests addressed the students on the need for Blood donation. After the inaugural the Guests witnessed the blood Donors and gave valuable suggestions and instructions. The team of 14 members including Doctors, Nurse and assistants from Coimbatore Medical College Hospital examined the students for their fitness, and Hemoglobin then collected the blood from the donors. 184 students registered and 44 students successfully donated their blood. The Guests and the Doctors thanked and praised the YRC Coordinators and the Management for organizing such a Camp in our institution.
- ➤ The Youth Red Cross and Voluntary Blood Donation Club of Nirmala College organised an "YOUTH COUNSELLING" for III year YRC volunteers on 21.01.2019 Dr.B.Selvaraj, Associate Professor of Psychology, Government Arts College, Coimbatore Presided over the function.