

NIRMALA COLLEGE FOR WOMEN, COIMBATORE - 18
STUDENT AFFAIRS COMMITTEE
LIST OF ACTIVITIES
2022-2023

Sl.No	DATE	NAME OF THE PROGRAMME	RESOURCE PERSON	NO. OF BENEFICIARIES	CATEGORY
1	04.06.2022	Webinar only one earth	Dr. L. Arul Pragasam, Assistant Professor, Department of Environmental Sciences. Bharathiar University, Coimbatore	110 Students	Orientation Programme
2	05.06.2022	UPSC Exam	-	53% candidates attended.	UPSC Exam
3	11.06.2022	Counselling	Mrs. Anuradha, Associate Professor and Head (Retd.) Department of English	20 student participants	Counselling
4	21.06.2022	International Yoga Day “ Inhale positivity, Exhale negativity”	Mr.S.Murugadass, M.A B.PEd, M.Sc (Yoga), M.D (Acupuncture, Reflexology and Dorn Theory), Physical Education Teacher and Yoga Master, Suburban Mat.Hr.Sec School, Coimbatore	80 Teaching and 15 Non-teaching staff	Commemorative Day
5	25.06.2022	Student counseling	Miss Mercy, Counselor, Puliyakulam	60 (III UG Students)	Counseling
6	02.07.2022	TNPSC Exam	-	53% out of 600 candidates	TNPSC Exam

7	09.07.2022	Pledge on Cleanliness	-	1500 Students & 250 Faculties	Pledge
8	16.07.2022	FDP on "Stress Management"	Dr. S. Gayathridevi, Professor and Head, Department of Psychology, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	119 (Faculties)	FDP
9	18.07.2022	Holy Mass	Rev.Fr. Sudhakar, Parish Priest, Sulur,	1500 (Students)	Others
10	19.07.2022	Motivational Programme "Win Your Weakness"	Dr. I. Jegan, CEO, Win Your Weakness Motivation Academy, Chennai.	1500 (II & III UG students)	Motivational programme
11	25.07.2022 & 26.07.2022	Life Skill Programme	Mr. Francis Xavier, Managing Trustee, Outreach Foundation.	700 students II UG students	Life Skills/Self Defense
12	29.07.2022	Faculty Development Programme on "Mentoring Youth"	Ms.MercyPious, Magic Wand Society, Soft/Life Skill Training & Research Analysis Consultancy, Coimbatore.	160 faculties	Faculty Development Programme
13	03.08.2022	Orientation Programme for I Years	"Focus to shine" Dr. Parvatham Retd. Associate Professor & HOD, Dept. of Botany, Nirmala College for Women, Coimbatore.	800 I UG Students	Orientation Programme
14	03.08.2022	Holy Mass	Rev.Fr.ArulJebamalai	I UG Catholic Students	Others
15	06.08.2022	Parent Teacher Association organized "Motivational Programme"	Dr. I. Jegan Motivational Speaker, CEO, Win Your Weakness Motivation Academy	800 students I UG Students	Motivational programme
16	11.08.2022	"Pledge Against Drug Abuse"	-	1500 Students & 250 Faculties	Pledge

17	11.08.2022	A Motivational Programme- BE A WINNER	R. Sathishraj, Chief Executive Officer, E-Crusaders.	700 students II UG Students	Motivational programme
18	11.08.2022	AWARENESS PROGRAMME How to link Aadhaar Card with Voter ID	Mrs. Vijayalakshmi, Deputy Tahsildar, Election Division, Collectorate.	700 students II UG Students	Awareness programme
19	12.08.2022	College Union Election - 2022	-	-	College Union Election
20	15.08.2022	75 th Independence Day Celebration	Nirupa Maji, Assistant Commandant, 105 Battalion, RAF, Coimbatore.	1500 Students & 250 Faculties	Commemorative Day
21	16.08.2022 to 18.08.2022	Aadhaar Card Verification/Correction Camp	Aadhaar enrollment and updation service.	1000 students	Camp
22	17.08.2022	Acupressure Training Programme for Faculty	Mr. Balu, Acupressure Therapist	160 Faculties	Training Programme
23	22.08.2022	Handloom Day Celebration	Mrs. N.KayalVizhi Selvaraj Hon'ble Minister of Adi Dravidar & Tribal Welfare, Govt. of Tamil Nadu	2800 students	Commemorative Day
24	25.08.2022	College Union Inaugural	Dr.Mohan Kumar Gabriel Principal of Park College of Engineering and technology, Coimbatore.	725 students (II UG) & Office bearers	College Union Inaugural
25	27.08.2022	36th Graduation Day	Mrs.V.Geethalakshmi Vice Chancellor, Tamil nadu Agricultural University Coimbatore.	more than 900 graduates, parents and 175 faculties	Graduation Day
26	29.08.2022	Motivational Programme - "Motivation of Research and Extension Activities in Colleges", Clare Hall	Dr.M.A.Haniffa Emeritus Fellow and Director Center for Aquaculture Research and Extension (CARE) St. Xavier 's College (autonomous)	120 (II PG Students & Research scholars)	Motivational Programme

			Palayamkottai, Tirunelveli.		
27	30.08.2022	Fresher's Day	Dr. Mercy Anandaraj	1060 (I UG students)	Fresher's Day
28	03.09.2022	37 th and 38 th Graduation Day	Mrs.Innocent Divya	III UG & II PG Students	Convocation Day
29	05.09.2022	Teachers Day Celebration	Office Bearers College Union	III UG & II PG Students	Commemorati ve Day
30	20.09.2022	Motivational Speech- One life in One rupee	Mr.KajaMoideen, Social worker	2500 Students	Motivational programme
31	23.09.2022	My vote My right	Pledge	Students, teaching and non - teaching staffs	Pledge
32	29.09.2022	Representative Meeting- ICC	Dr. Sr. Mary Fabiola, Principal	All class representative s	Orientation Programme
33	10.10.2022	My vote my right competitions	Dr. U. Mary, Dean of Student Affairs	40 Students	Competition
34	11.10.2022	Motivational speech- VaanamVasapad um	Mrs. Kavitha Suresh, News reader, Lotus News Reader	600 students (II & III Students)	Motivational speech
35	11.10.2022 & 12.10.2022	National Level Online Quiz Competition	-	145 students	Competition
36	11.10.2022	Youth Awakening Day - Emerging India oratorical competitions	Mrs. Irene Tresa, Assistant Professor,Department of English SF (UG & PG), NCW	7 Participants	Competition
37	12.10.2022	Awareness Programme on Prevention and Prohibition of Ragging	Mrs.Sudha and Mrs.Bhavani , Head Constable All Women Police Station	600 Students (I UG)	Awareness Programme
38	12.10.2022	Competition on pitching on business ideas	Mrs.AnujaKoothotil, Department of French and Mrs. Chitra Issac, Department of BBA	21 teams (2 per team)	Competition

39	15.10.2022	Awareness Programme: Cyber Crime	Mrs.J.Theepika, Cyber Security Analyst, Board of Advisory,(Tamil Nadu Cyber Crime Awareness Organisation) Dr.Mrs.Harini,(Tamil Nadu Cyber Crime Awareness Organisation)	609 (I UG Students)	Awareness Programme
40	15.10.2022	Orientation program on Great dreams of Great dreamers are always transcended	Shalini.N,III BBA, College Union President.	2470 students	Orientation program
41	17.10.2022	Pledge on world trauma day	-	1500 students & 250 faculty	Pledge
42	18.10.2022	Orientation on Police Akka Project	Thiru.V.BalakrishnanI PS,Police Commissioner of Coimbatore city, Thirumathi.Mrs.Shalini IPS, Deputy Commissioner of Coimbatore city	150 students	Orientation Programme
43	18.10.2022	Short film competition on Impact of drug abuse and its prevention	-	17 students	Competition
44	18.10.2022 to 21.10.2022	Charity	Little sisters of poor, Thindal, Erode	-	Charity
45	20.10.2022	Awareness Programme Police Akka Project	Mr.Santhamoorthy, Inspector Mr.Vinoth,Sub Inspector Ms.Sathya, Head Constable Ms.Punitha ,Head Constable	1500 (I UG and II UG Students)	Awareness Programme

46	28.10.2022	Awareness Programme on Breast Health for youth	Dr. Sumitha Shanker Radiologist, Sonovision Scan Centre, Tatabad	200 Students (I UG & I PG)	Awareness Programme
47	09.11.2022	Rally on electoral voting	Election Commission of India (City Municipal corporation, Coimbatore)	26 NSS volunteers , 74 students from department of history and economics	Awareness Programme
48	10.11.2022	Charity by Staff and Students	Charity towards Little Sisters of the Poor, Thindal, Erode	-	Charity
49	10.11.2022	Awareness program on online registration of voter id	Mrs. Vijayalakshmi, Deputy Tahsildar, Election Division, Collectorate.	800 (I UG& I PG)	Awareness Programme
50	14.11.2022	Voting campaign amongst public	Union members	25 public	Awareness Programme
51	15.11.2022	Voter Id campaign	Mrs. Vijayalakshmi , Deputy Tahsildar, Election division, Collectorate	300 students	Awareness Programme
52	18.11.2022	Skill Development Programme	Mr. Mayileragu K. Sundararajan, Motivational Speaker	800 students	Skill Development Programme
53	19.11.2022	Bike Rally - Helmet Awareness- "Wear Helmet Ride Safely"	-	39 Students & 3 Staff Members	Awareness Programme
54	19.11.2022	Health Awareness Programme	Mrs. Ponmani & Mrs. Begam, Head Trainers, Naidu Hall, Coimbatore	856 (I UG & I PG)	Awareness Programme
55	19.11.2022	Personality Development Programme	Ms. Anjuman Bhanu, Personality Development Trainer	768 (I UG & I PG)	Personality Development Programme
56	22.11.2022	Webinar on Communal Harmony & National Integration -The Need of the hour	Dr. D. Solomon Paul Raj, Associate Professor of English, Karpagam Academy of Higher Education, Coimbatore.	100 Students	Motivational Programme

57	24.11.2022	Essay Writing Competition - My Dream Country	-	25 Participants	Competition
58	26.11.2022	Awareness program on say no to drugs - bodhaiillanaalain okki	Don bosco Anbu illam and rhythm society	1000 students (Don Bosco Anbu Illam, Mariyalaya, Rhythm Social Service Society)	Awareness Programme
59	03.12.2022	Awareness Programme on Drug Abuse	Mr. K.M Albert, Psychologist, Help Foundation Coimbatore	60 Students	Awareness Programme
60	13.12.2022 to 14.12.2022	Orbito-asia , comprehensive diagnostic test for the staff	Dr.S.Sathiya M.B.B.S, MD, Consultant Pathologist	18 staff	Health Programme
61	21.12.2022	Christmas Celebration	Rev. Fr. R.D.E. Jerome, Secretary, Bishop Ambrose College, Coimbatore	II UG, III UG & II PG Students	Celebration
62	22.12.2022	Charity to Mr.Sakthivel			
63	04.01.2023	Holy Mass	Rev.Fr Immanuel Peter, Assistant Parish Priest, Valparai and Rev. Fr. Dhevan, Assistant Parish Priest, Puliakulam, Religious Congregation	700 students	Others
64	04.01.2023	Awareness Program: NaalaiNamathe Film	Movie Screening	800 (I UG & I PG)	Awareness Program
65	12.01.2023	Awareness Program: Police Akka Project	Thiru.V.BalakrishnanI PS,Police Commissioner of Coimbatore city, Thirumathi.Mrs.Shalini IPS, Deputy Commissioner of Coimbatore city	Class representative s(I, II, III UG) 70 students	Awareness Program

66	11.01.2023	Youth day – Drawing competition		09 Students	Competitions
67	12.01.2023	Youth day - Motivational speech -success an expedition	Mrs.Aruna Lawrence Motivational Speaker, Cancer Crusader, Fitness Coach.	600 Students	Motivational speech
68	21.01.2023	Motivational program - how to improve memory power	Mr. Rishikesaven, Founder and Chief Trainer ,Third Eye Memory Empowerment.	800 Students	Motivational program
69	21.01.2023	Awareness program- child labour	Dr.V.Vijayakumar, Project Director,	700 Students	Awareness program
70	24.01.2023	National girl child day - drawing and essay competitions	Mrs.Sangeetha Department of Tamil(SF)	50 Students	Competitions
71	25.01.2023	National voters day	Mrs. Kala Devi, Thasildar.	800 Students	Commemorative Day
72	25.01.2023	Republic day- Competitions	Judged by 1. Mrs. G.Premalatha, Assistant Professor , PG and Research Department of History 2. Dr. Goldbell Rachel, Assistant Professor and Head of the Department of Commerce (Business Analytics).	50 Students	Competitions
73	15.02.2023	Life skill program	Mr.FrancisXavier, Outreach foundation	40 students	Value Added Course
74	16.02.2023	Motivational Programme- WE ARE THE	Rev.Fr.Jegath Gasper Raj,Chairman and MD, Goodwill	I UG Students	Motivational Programme

		HOPE; WE ARE THE FUTURE	Communications Ltd. Founder and MD, Tamil Maiyam		
75	24.02.2023	Cultural Fest and Health Awareness	Rotary Club of Chennai Crown, Hajoe Health and Natural Cure Clinic, Tuticorin , Madhu Institute of Medical Science and Research Centre, BharatheeyaNaatuVaidhya Maha Padashala	550 students	Culturals and Health camp
76	25.02.2023	VetriNichayam-Motivational program-students	Dr.I.Jegan,International Motivational Speaker	600 students	Motivational program
77	25.02.2023	VetriNichayam-Motivational program-staff members	Dr.I.Jegan,International Motivational Speaker	250 staff members	Motivational program
78	27.02.2023	Awareness program“ENROLLMENT OF SCHOOL STUDENTS IN HIGHER EDUCATION”		100 government school students	Awareness program
79	01.03.2023	Awareness Program on Cyber Smart	Dr.A.Suresh, Consultant/Secretary,Awareness Charitable Trust, Coimbatore.	The Class Representatives (I,II,III UG & I, II PG)	Awareness program
80	04.03.2023	Women’s Day-Cultural Folk Fest	R.MyvizhiMSC(N),M SC(PSY),Govt.college of nursing Govt.MohanKumaramangalam Medical College, Salem.Dr.K.Manikandan ,MD, Saravana Baba trust Mr.Thara Shabi, Naturopathy	800 (II UG students)	Commemorative Day

			Specialist.Lr.K.Ganes hkumarBSC,B.L,D.L,		
81	14.03.2023	HEALTH AWARENESS PROGRAMME on Women's Health & Well Being Through Ayurveda	Dr. L. Pavithra Saran MD (Ayurveda) Dr.S.Sandyalakshmi BAMS Dr.NivethashriPonnus amy BAMS Arya VaidhyaChikitsalaya m and Research Institute, Coimbatore	90 students	Health Awareness program
82	16.03.2023	Grievance box(Staff,Students,IC C, antirragging,Quali ty talk) opening	Dr.Sr.Mary Fabiola (Principal) Dr.U.Mary (Dean) Dr.ArokiaLancy(Facul ty) Dr.MariaJesintha Florence (Faculty) Mrs.Sangeetha(Facult y)& College Union members		Grievance and Redressal
83	16.03.2023	Awareness program: SEXUAL ABUSE	Mrs. C. Santhi& Mrs. N. Punitha All Women Police Station, Coimbatore.	100 students	Awareness programme
84	21.03.2023	Awareness program:Mitigati ng Sexual harassmt	Mr.P.A.Arun , Inspector of Police, CyberCrime, Coimbatore city	500(I UG Students)	Awareness program
85	28.03.2023	Representative Meeting	Dr. Sr. Mary Fabiola, Principal, Nirmala College for Women, Coimbatore.	150 Students	Leadership Programme
86	30.03.2023	Student Counselling	Dr. Mercy AnandarajCounselor	5 students	Counselling
87	05.04.2023	Behavioural Therapy	Mrs. Srinithi, Counselling Psychologist, Manam Counselling Centre,	500 Students	Counselling Programme

			Coimbatore.		
88	13.04.2023	Student Counselling Program	Mrs. Jenifer Veronica	500 students	Counselling Programme
89	14.04.2023	PasumaiSangama m	Fr.Jagath Gasper Raj, Founder Tamil Maiyam	150 students	Awareness program
90	18.04.2023	Union Farewell for Retiring Staff	Dr.U.Mary	1500 students	Significant events
91	28.04.2023	College Day Celebration	Dr.F.Lovelina Little Flower, VC Committee Member, Professor and Head Department of Social Work, Bharathiar University, Coimbatore.	1500 students	Significant events
92	29.04.2023	College Union Valedictory	Dr.K.Chitra,Principal, Sri Ramakrishna College of Arts and Science, Coimbatore.	1200 students	Significant events
93	29.04.2023	Farewell to the Outgoing Students	Judges to the Miss Nirmalite Contest: 1. Mrs.Shrine Janet, Alumna 2. Ms.Mrinalini Shah, Alumna	1200 students	Significant events
94	17.05.2023	Students Tour		258 students	Tour